

# What's for lunch this week?

## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Bangers and Mash	Chicken Cacciatore	Roast Beef Yorkshire Pudding	Chicken tikka masala	Breaded Cod
Vegetarian Main Meal	Quorn Sausage And Mash	Sweet Potato Gratin	Mediterranean Vegetable pasta Bake	Vegetable Korma	Vegetable Crumble
Carbs	Mashed Potatoes	Jacket wedges	Roast Potato	Pilau Rice	Chips or Jacket Potato
Vegetable Sides	Sweetcorn	Broccoli	Cauliflower	Green beans	Peas or Baked Beans
Dessert	Sweet of the day	Sweet of the day	Sweet of the day	Sweet of the day	Sweet of the day