



Catch22 Surrey Young People's Substance Misuse Service

Catch22 Surrey Young people's Substance Misuse Service is a county-wide specialist treatment service for young people aged up to 25. We offer free and confidential advice and support.

We offer:

- One- to-one support to young people and their families
- Outreach and creative engagement in the community
- 24/7 hour help line – **0800 622 6662** providing support when you need it
- Psychosocial support
- A quick response to contact and referrals
- Access to needle exchange and pharmacological support
- A tailored recovery approach
- Specialist support for mental health, emotional health and wellbeing
- Transitional support to adult services
- Additional support in partnership with Adult Services for young adults 18-25 including; those at risk for harmful drinking or suitable for support by our young people's specialist services.

We also provide; targeted support, training, consultation advice and guidance to professionals, schools and colleges as well as additional support in Surrey through our **Music to My Ears** Emotional Health and Wellbeing Criminal justice Project.

Catch22 have a history of close positive partnership working with education, Surrey Children and Families Services, , mental health services, criminal exploitation services, housing, A&E's, treatment providers, police and other agencies across Surrey; ensuring young people families and professionals get the right support they need, when they need it.

Young people are at the centre of all we do. We ensure the young person knows they will be listened to at all times. We work with young people at their pace, in an environment where they are comfortable – we don't expect them to travel to us. We also offer volunteering opportunities.

Young people say

"For me Catch 22 is the one thing that has helped me."

"I feel like I have 100% ownership over my treatment. My support worker is great and I have a really good relationship with her. Catch22 has really helped me turn my life around.

"He believed in me, taught me how to be positive and gave me goals that I was able to meet. I am now completely drug, alcohol and tobacco free and my life is unrecognisable from what it was a year ago."

"She built up a good relationship with me even though I find talking to new people hard, I never felt judged and always felt I had a lot of support, she has helped me improve my life!"

"I stopped smoking cannabis. My worker made everything simple and easy to understand which helped me focus on my future"

“Felt it is a good service because always keeping in touch, messaging, reminding me of appointments. Felt it was a personalised service”

“I learned so much about myself through having the support with Catch22. My worker and I talked about what I have been going through he listened to me and never judged me; it was a safe place for me to really talk about how I was feeling. He made me feel that I was worth so much more than I thought I was at this time of my life.I now have a plan for my future and I am going onto college in September to study health and social care. I hope to fulfil my dreams of travelling and to become a psychiatrist “

Parent of young person

“You gave me more help and advice in one hour than I have had in the last five years from other services”

For leaflets, posters, further information or to make a referral visit

[Catch22 SYPSMS Web page](#)

[visit our new Young Peoples web page](#)

[Catch22 Music to My Ears](#)

T 01372 832905 E ypsm@catch-22.org.uk

24/7 helpline for young people and families 08006226662