

# GCSE Results Day 2023

## What next?



Today is going to be a day of mixed emotions for you, your parents, teachers and family members.

Whatever the outcome, there is always a way forward and you must seek or ask for help.

Talking and being resilient is a big part of today.

Take time to look at a range of options going forward. Career paths are not always linear and this can allow you to experience a wider range of jobs before deciding on what is right for you.

**If you have gained the exams results** you wanted, well done. Remember when you start college or an apprenticeship, it may not be as you envisaged. It is okay to talk this through and maybe change courses or take a different route entirely.

**If you have not gained the exam results** you wanted, that is okay to. Don't panic, if things have not gone to plan. It might feel like the end of the world but it isn't. You will need to readjust your career path for the moment. It is important to realise some feelings, such as disappointment, upset, etc. are all normal. It can be hard to share your feelings at this point but eventually you will and that will help. You have a number of options and paths open to you. When you have a new goal in place, that will move your focus on to being positive and moving forward.

The Young Minds website can help you.

<https://www.youngminds.org.uk/young-person/blog/dealing-with-disappointing-exam-results/>

To help you discuss next steps with your parent/carer you can access this parents' guide.

<https://www.theparentsguideto.co.uk/whats-next>

Provides a summary of all options Post 16 and Post 18

<https://educationhub.blog.gov.uk/2023/08/15/exam-results-5-tips-for-parents-and-carers-on-supporting-your-child-with-results-day/>

Exam results: Five tips for parents and carers on supporting your child with results day

There are many websites to specifically to help you. These are just a few of them with a summary of information.

### **National Careers Service**

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<https://nationalcareers.service.gov.uk/>

<https://nationalcareers.service.gov.uk/explore-your-education-and-training-choices/exam-results>

There are links to

Explore your options/Unexpected grades/Mental health support/rethinking your choices

**Helpline** - If you need help or advice around your exam results or next steps, you can call our helpline to chat to a careers adviser. Call us on [0800 100 900](tel:0800100900) during our [opening times](#) or [use webchat](#).

### **Get the jump – Skills for life**

<https://nationalcareers.service.gov.uk/explore-your-education-and-training-choices>

Explore education and training options.

### **BBC Bitesize**

<https://www.bbc.co.uk/bitesize/articles/zjbn47h>

Results day - everything you need to know.

<https://www.bbc.co.uk/bitesize/articles/z29nhcw>

Looking after your well-being.

<https://www.bbc.co.uk/bitesize/careers>

Whether you are deciding what to study, taking your exams, planning a career, or just curious, we're here to explain the world of work, with advice from people who've found the right path for them.

### **The Student Room**

<https://www.theuniguide.co.uk/advice/gcse-choices-university/gcse-results-day-what-to-expect>

Part of the information covers

**GCSE resits** - If you don't achieve at least a grade 4 or 5 (formerly a C) in your maths and English GCSEs, you'll have to resit these to proceed to A-level (or other) study. Resits for these can be taken in November. Retakes for other subjects take place the following summer. You may be allowed to proceed with your A-levels and take a resit while you do so (although this will be up to your sixth form or college to decide, based on your grades and other factors). Remember, you'll need to be fully committed to juggling the extra study and exams if you do decide to take this option.

**Changing subjects or courses** - If you needed certain grades to get into a college or sixth form and you missed these, speak to them as soon as possible to find out if they will still accept you. If they won't accept you on the original courses you applied for, find out about similar courses they offer.

**If you did better than expected in a particular GCSE subject**, or you've since been rethinking your greater goals and ambitions, you might want to speak to your college or sixth form about taking different A-level subjects. This could be possible, provided you meet the entry requirements, there are still spaces on those courses and it doesn't create any conflicts in your timetable.



Our [six-step plan to making A-level choices](#) can help you make your decision.

Need to rethink your A-levels? [Use our tool to see where different combos could lead you.](#)

<https://www.thestudentroom.co.uk/gcse/what-can-you-do-after-gcse-academic-and-vocational-options-for-16-year-olds> Follow the above link to find out

What can you do after GCSEs? Academic and vocational options for 16-year-olds finishing school.

### **Career Pilot**

<https://www.careerpilot.org.uk/information/gcse/what-to-do-on-gcse-results-day-2023#link-2> Follow the link to learn about



[What's the plan for exams in 2023?](#)

[What to do if you get the results you wanted - or not.](#)

[Didn't get the grade 4 in Maths and English you needed for your course?](#)

[If your results mean you have to change your plan](#)

[Further information and help](#)

### **The Education Hub**

<https://educationhub.blog.gov.uk/2023/06/09/when-is-results-day-2023-gcse-a-levels-t-levels-and-vtqs/>

Follow the above link to the section - What should I do if I'm disappointed with my results?

## **The Education Hub**

### **Youth Employment UK**

<https://www.youthemployment.org.uk/careers-advice-help/>

Careers advice for young people.

<https://www.youthemployment.org.uk/careers-advice-help/choices/student-advice/results-day-advice/>



Exam Results Helpline Video <https://www.youtube.com/watch?v=D8tZt3DVTjc>

### **Amazing Apprenticeships**

<https://amazingapprenticeships.com/apprenticeships/>

<https://amazingapprenticeships.com/t-levels/>



**"SUCCESS IS NOT FINAL,  
FAILURE IS NOT FATAL: IT IS  
THE COURAGE TO CONTINUE  
THAT COUNTS."**

*- Winston Churchill*

Your exam results do  
Your exam results do  
not define you as a  
person and/or predict  
your future!

Laura Henry