

# Nutritionist

Nutritionists teach patients and clients about the effects of food on their health, motivating them to make positive changes to their diet.

Average salary (a year)

Typical hours (a week)

You could work



£27,055

£40,588



37 to 39

a week



between 8am and 6pm



## Different routes to get this job

(check the website for entry requirements)

You can get into this job through a university course,

## Day-to-day tasks

Your exact day to day tasks will vary depending on where you work.

Generally, as a nutritionist you might:

## Skills and knowledge

You'll need:

- sensitivity and understanding
- knowledge of biology
- knowledge of training and educating
- to be thorough and pay attention to detail
- the ability to work well with others
- the ability to work on your own
- thinking and reasoning skills
- patience and the ability to remain calm in stressful situations
- to be able to use a computer and the main software packages competently

- complete research to learn more about a certain area of nutrition
- recruit volunteers to take part in your research
- process and analyse biological samples
- provide scientific advice on healthy eating
- work with hospital patients, supported by doctors, dieticians and nurses

Regularly check Teams channel "[Careers advice for students](#)"