



GCSE Physical Education

- CORE COMPULSORY
- NON-QUALIFICATION
- OPTION
- EBACC SUBJECT

Examination board: Pearson Edexcel

Course code: 1PE0

Subject contact: Subject contact: Mr J. Lawson, Director of Sport

<p>Course Description</p> <p>The course deepens your knowledge, understanding and skills, building on the work you have developed in Key Stage 3 PE.</p> <p>You will study the Theory of Physical Education which includes these topics:</p> <p>Component 1 Fitness & Body Systems 36%</p> <ol style="list-style-type: none"> 1. Applied Anatomy & Physiology 2. Movement Analysis 3. Physical Training 4. Use of Data <p>Written examination of 1 hour 30 minutes</p> <p>Component 2 Health & Performance 24%</p> <ol style="list-style-type: none"> 1. Health, Fitness & Well-Being 2. Sport Psychology 3. Socio-Cultural Influences 4. Use of Data <p>Written examination of 1 hour 15 minutes</p> <p>Component 3</p> <p>Students must participate in three separate activities. One must be a team activity. One must be an individual activity. The final activity can be either/or.</p> <p>Practical Performance 30%</p> <p>Teacher assessed and moderated by Pearson</p> <p>The link below lists the assessable sports; https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/Specification%20and%20sample%20assessments/gcse-pe-erratum-notice-december-2022.pdf</p> <p>Component 4 Health & Performance 24%</p> <p>Students will produce a Personal Exercise Programme (PEP) and are required to analyse and evaluate their performance</p> <p>Teacher assessed and moderated by Pearson</p> <p>Written examination of 1 hour 15 minutes</p>	<p>Entry Requirements</p> <p>Essential:</p> <ul style="list-style-type: none"> • Students are required to participate competitively in at least two GCSE PE Sports (performed to a minimum of club level). • If you cannot meet this requirement, consider the BTEC Sport option as an alternative course. • Desirable - Students are strongly advised to have a solid understanding of Human Biology.
<p>Assessment</p> <p>60% - Two written examinations (see above)</p> <p>30% - Practical performance (in three sports – see above)</p> <p>10% - Controlled assessment: Analysis of performance (coursework)</p>	<p>Key Skills</p> <p>Analysis of performance, extended project (PEP), independent learning, extended writing, organisation, and practical performance in three sports.</p>
<p>Further education opportunities</p> <p>Students who achieve a 6 grade or higher will have the ideal preparation for progressing onto an A Level Physical Education Course, or a Level 3 equivalent qualification.</p>	<p>Cost</p> <p>We strongly recommend that all students purchase a Revision Guide. & Workbook. The approximate cost is £8 Students will also have the option to buy a GCSE PE kit to wear in lessons. The approximate cost is £45 (sold by Shepperton Sports and delivered to the PE Department).</p>
	<p>Careers</p> <p>Sports scientist, PE teacher, physiotherapist, professional sportsperson, sports coach/consultant, Sports policy maker, fitness instructor, and personal trainer.</p>
	<p>Enrichment and Support</p> <p>GCSE practical after-school club, Revision sessions, Rock Climbing opportunity</p>